

# THE ART OF HEALING

## A Three Year Training Program for Healers



The Art of Healing is a three-year in-depth program designed to guide and encourage emerging healers as they develop their healing skills, professional standards, heightened awareness and spiritual discernment. Among the areas covered by this program are:

- Specific healing techniques
- The chakra system and energetic anatomy
- Gentle and professional interaction with clients
- Sensing and tracking energy
- Clearing energetic blocks and bringing the body and psyche into balance
- Development of intuitive skills
- Ways to stay grounded and centered
- How to access energetically the systems in the body
- The function of ordinary and non-ordinary reality in healing
- How to combine the power of intention with higher sense perception
- The use of sound, light, harmonics and various combinations of frequencies
- Developing one's own spiritual guidance and how to use it in healing

This program has been taught since 1993 primarily by two teachers, Helen Yamada and Mary Branch Grove, who will be joined this time by Jeanne van Gamert. See biographies on the reverse side.

Classes will be taught in the Asheville area four times a year. Because many of our students are from out of town, we meet Thursday through Sunday. The dates for our next program, beginning in **2009** are: **April 2-5, June 11-14, Sept 10-13, and Nov 5-8**. The tuition is **\$1900** for the year. Adjustments are given for early payment or payment in full. Payment arrangements can be made when necessary. **A completed application must be submitted.** For a brochure, application or further information, please contact:

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HELEN YAMADA lives in Asheville. She is a gifted clairvoyant and clairaudient healer, working with very subtle etheric energies. Helen is also a professional artist and encourages the experience of beauty and creativity in all her clients and students. In 1983, Helen began experiencing trance states which allowed her to receive teachings and guidance from her own master teacher with whom she continues to work on a daily basis. Helen has also studied the Ancient Mystery school teachings and Sacred Geometry. She is a graduate of the Rev. Rosalyn Bruyere's Crucible Program and an ordained minister of the Healing Light church. Helen has traveled extensively, teaching healing and working as a healer with individuals since 1984. Helen is constantly refining her unusual abilities to perceive individuals with all the interfaces of spiritual, emotional, energetic, cellular and biochemical levels, and support them in a healthier integration of these levels. She is particularly intent upon guiding her clients toward balance and higher attunement.

MARY BRANCH GROVE, MSW, LCSW has a love of learning and following her own path. Consequently, she has trained in hands-on energy healing, massage therapy, Craniosacral Therapy, Esoteric Healing, transpersonal psychotherapy, hypnotherapy, shamanism, meditation, clinical social work and past life regression. She is an ordained minister in the church of Gaiabriel, certified Feng Shui practitioner, and certified Advanced Integrative Therapy therapist. She has been a practitioner in the healing arts since 1982. For the past twelve years she has expanded her spiritual path through sacred travel and the direct experience and energy of sacred sites. Mary Branch uses her broad training to help students receive a sound foundation in the basics and an experience of other healing systems. Mary Branch is a deeply compassionate, insightful, no-nonsense healer who uses an interactive approach to encourage healing and empowerment in her clients. Mary Branch lives and works in Northern Virginia.

JEANNE VAN GAMERT, MFT, LMBT, MA, LPC is a MindBody Therapist at the Duke Integrative Medicine Center in Durham, NC. As one of the first graduates of the Barbara Brennan School of Healing (1988) with continued studies with Rosalyn Bruyere, Jeanne has a longtime involvement, through many modalities, with the art of transformational healing. Jeanne has studied Buddhist thought and psychology, as a graduate of Spirit Rock's community Dharma leader program and Instructor in Duke's Mindfulness-Based Stress Reduction Program. These studies have given her a strong understanding that the subtle lessons learned from one's own transformation become the invaluable and authentic compass for guiding others. All our thoughts, feelings and experiences can become the "juice" which, when aligned and integrated, fuels the sacred geometry of our expansion.