

# THE ART OF HEALING

Energy Management Consulting is pleased to bring The Art of Healing Professional Training Program back to the Asheville, N.C. area. This Program began in 1993 under the sponsorship of the Mid-Atlantic Council of Healers in the Washington, D.C. area and continued to be taught in North Carolina and Ohio. This is a three-year in-depth program designed to guide and encourage emerging healers as they begin to develop their healing skills, professional standards, heightened awareness, and spiritual discernment.

This program begins by providing training in hands-on healing techniques and a wide range of other approaches, and goes well beyond that by offering guidance in personal energy management, professional supervision and spiritual mentorship. In this way, this program is designed not only for beginners, but also for developing healers desiring ongoing guidance, supervised practice, qualitative feedback and wise counsel. Typical of all professional trainings, students will be expected to expand and deepen their knowledge of healing and their ability to function as professional healers.

## AMONG THE AREAS COVERED BY THIS PROGRAM ARE:

- ❖ Specific healing techniques
- ❖ The chakra system and energetic anatomy
- ❖ Gentle and professional interaction with clients
- ❖ Sensing and tracking energy
- ❖ Clearing energetic blocks and bringing the body and psyche into balance
- ❖ Development of intuitive skills
- ❖ Ways to stay grounded and centered
- ❖ How to access energetically the systems in the body
- ❖ The function of ordinary and non-ordinary reality in healing
- ❖ How to combine the power of intention with higher sense perception
- ❖ The use of sound, light, harmonics and various combinations of frequencies
- ❖ Developing one's own spiritual guidance and how to use it in healing

Classes will build from these topics according to the particular group's needs and abilities. This program has been taught since 1993 primarily by Helen Yamada and Mary Branch Grove. They are being joined by Jeanne van Gemert and others; biographies follow.

## BECOMING A HEALER

Because becoming a healer is inevitably also undertaking a spiritual journey, students will be expected to come to grips with their own personal needs for growth and to work toward greater self-awareness, self-honesty, integrity and balance. Sometimes spiritual and/or psychological counseling will be useful in assisting students in meeting personal challenges that may arise.

Becoming a healer requires life-long efforts in one's own personal healing and a willingness to move with these transformational shifts in one's psyche and in one's life. The Art of Healing Training Program offers developing healers the professional training, personal straight talk, and spiritual guidance we believe are invaluable in assisting students to have a firm footing as they set out on their journey to become a healer.

## FACULTY

**HELEN YAMADA** lives in Asheville, N.C. She is a gifted clairvoyant and clairaudient healer, working with very subtle energies. Helen is also a professional artist and encourages the experience of beauty and creativity in all her clients and students. In 1983, Helen began experiencing trance states which allowed her to receive teachings and guidance from her own master teacher with whom she continues to work on a daily basis. Helen is a graduate of the Rev. Rosalyn Bruyere's Crucible Program and an ordained minister of the Healing Light Church. Helen has traveled extensively, teaching healing and working as a healer with individuals since 1984. Helen is constantly refining her unusual abilities to perceive individuals with all the interfaces of spiritual, emotional, energetic, cellular, and biochemical levels, and to support them in a healthier integration of these levels. She is particularly intent upon guiding her clients toward balance and higher attunement.

**MARY BRANCH GROVE**, MSW, LCSW has a love of learning and following her own path. She has been a practitioner in the healing arts since 1982. Consequently, she has trained in hands-on

energy healing, massage therapy, Craniosacral Therapy, Esoteric Healing, transpersonal psychotherapy, hypnotherapy, shamanism, meditation, clinical social work, and past life regression. She is a certified Advanced Integrative Therapy practitioner, an ordained minister in the church of Gaiabriel, and a certified Feng Shui practitioner. For the past twelve years she has expanded her spiritual path through sacred travel and the direct experience and energy of sacred sites. Mary Branch uses her broad training to help students receive a sound foundation in the basics and an experience of other healing systems. Mary Branch is a deeply compassionate, insightful, no-nonsense healer who uses an interactive approach to encourage healing and empowerment in her clients. She lives and works in Northern Virginia.

**JEANNE VAN GEMERT**, MFT, LMBT, MA, LPC is a MindBody Therapist at the Duke Integrative Medicine Center in Durham, NC. As one of the first graduates of the Barbara Brennan School of Healing (1988) with continued studies with Rosalyn Bruyere, Jeanne has a longtime involvement, through many modalities, with the art of transformational healing. Jeanne has studied Buddhist thought and psychology, as a graduate of Spirit Rock's community Dharma leader program and Instructor in Duke's Mindfulness-Based Stress Reduction Program. These studies have given her a strong understanding that the subtle lessons learned from one's own transformation become the invaluable and authentic compass for guiding others. All our thoughts, feelings and experiences can become the "juice" which, when aligned and integrated, fuels the sacred geometry of our expansion.

**TUITION:** Tuition is **\$1900** per year or \$475 per 4-day session. Payment is required for any missed classes. A \$75 tuition reduction is granted if we receive your paid application by March 1, 2009. Payment arrangements can be made. **An application must be submitted.** For a brochure, application, or further information, please call.

## CLASSES:

Classes will be taught in the Asheville area four times a year. We meet Thursday through Sunday to accommodate students traveling from out of town. The dates for the first year of our program, beginning in 2009, are:

**April 2 – 5**

**June 11 - 14**

**September 10 - 13**

**November 5 - 8**

## TO APPLY:

Please download the application from [helenyamada.org](http://helenyamada.org) and mail the application to the address on the form.

**For further information, please call:**

**HELEN YAMADA**

828-296-0017

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**MARY BRANCH GROVE**

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**ROBIN MacCURDY**

828-777-3660

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If you have a friend who would like to receive a brochure and application, please send his or her name and address to:

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A  
Three-Year Training  
Program  
for  
Healers

Taught by  
Helen Yamada  
Mary Branch Grove  
and  
Jeanne van Gemert

In Asheville, NC